At Home Weekly Schedule

**Week of April 6 – April 10**

\*This is a suggested daily learning routine for you!

\*Do the activities in any order and as much or as little as you are able to with your child.

\*Remember to take “brain breaks” between activities: go outside, stretch, walk, do a gonoodle, or give them a free choice activity (do not let your child get frustrated)

\*HAVE FUN! Make a game out of learning!! Include the whole family. Have them teach you! ☺

\*Make changes to fit YOUR child

\*Email me for ANY questions

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|  | **Monday** | **Tuesday** | **Wednesday** | | **Thursday** | **Friday** |
| **Reading**  **Short a list:**  **tab**  **dab**  **sad**  **mad**  **fan**  **van**  **hat**  **rat**  **wag**  **bag**  **map**  **tap**  **jam**  **ham**  **(you can find more words on my webpage under CVC word list file)** | Sing the alphabet!  Do our ABC card chant with movements: <https://youtu.be/cQz8UxCCPfU>  Make short a words with letter cards:  Make the word, tap out the sounds, blend and read the word  Practice reading list of sight words:  **[https://youtu.be/29ghSBflu34](https://youtu.be/29ghSBflu34" \t "_blank)** -without teacher  **[https://youtu.be/auklrx1OO9c](https://youtu.be/auklrx1OO9c" \t "_blank)** -with teacher  Learn new sight words:  Go to Clever.com, click on Benchmark Universe App, click on assignments -new sight words.  **want, have, be**  Read to self:  Go on starfall.com, click on “Learn to Read,” click on and read Zac the Rat  Go to Clever.com, click on Benchmark Universe App, click on assignments -Reading:  A Picnic | Sing the alphabet in a whisper voice!  Do our ABC card chant with movements: <https://youtu.be/cQz8UxCCPfU>  Pick 6 short a words:  Write the word and draw a picture of it  (you can fold a piece of paper into 6 boxes)  Practice reading list of sight words:  **[https://youtu.be/29ghSBflu34](https://youtu.be/29ghSBflu34" \t "_blank)** -without teacher  **[https://youtu.be/auklrx1OO9c](https://youtu.be/auklrx1OO9c" \t "_blank)** -with teacher  Make sight words!:  Find playdoh, rocks, Legos, string, anything you can find and make these sight words:  **want, have, be**  Read to self:  Go on starfall.com, click on “Learn to Read,” click on and read Zac the Rat  Go to Clever.com, click on Benchmark Universe App, click on assignments -Reading:  A Picnic  \*answer questions on last page | Sing the alphabet in a high voice!  Do our ABC card chant with movements: <https://youtu.be/cQz8UxCCPfU>  Make short a words with anything you can find!: playdoh, paint, string, write in shaving cream or dirt outside  Practice reading list of sight words:  **[https://youtu.be/29ghSBflu34](https://youtu.be/29ghSBflu34" \t "_blank)** -without teacher  **[https://youtu.be/auklrx1OO9c](https://youtu.be/auklrx1OO9c" \t "_blank)** -with teacher  Rainbow write (three colors each word):  **want, have, be**  Read to self:  Go on starfall.com, click on “Learn to Read,” click on and read Zac the Rat  Go to Clever.com, click on Benchmark Universe App, click on assignments -Reading:  I Work | | Sing the alphabet like a robot!  Do our ABC card chant with movements: <https://youtu.be/cQz8UxCCPfU>  Write a rhyme:  The cat is fat.  The van is on the fan.  Can you write your own?  Practice reading list of sight words:  **[https://youtu.be/29ghSBflu34](https://youtu.be/29ghSBflu34" \t "_blank)** -without teacher  **[https://youtu.be/auklrx1OO9c](https://youtu.be/auklrx1OO9c" \t "_blank)** -with teacher  Find a sight word!  Pick a magazine, newspaper or a book, and find as many sight words as you can! Circle them if your parents let you!: **want, have, be**  Read to self:  Go on starfall.com, click on “Learn to Read,” click on and read Zac the Rat  Go to Clever.com, click on Benchmark Universe App, click on assignments -Reading:  I Work  \*answer questions on last page | Sing the alphabet while dancing!  Do our ABC card chant with movements: <https://youtu.be/cQz8UxCCPfU>  Footloose!:  Hide short a words (write on pieces of paper or index cards), try and find them, when you find a word: read it and write it (make a list).  Practice reading list of sight words:  **[https://youtu.be/29ghSBflu34](https://youtu.be/29ghSBflu34" \t "_blank)** -without teacher  **[https://youtu.be/auklrx1OO9c](https://youtu.be/auklrx1OO9c" \t "_blank)** -with teacher  Write each word BIG, small, and fancy:  **want, have, be**  Read to self:  Go on starfall.com, click on “Learn to Read,” click on and read Zac the Rat  Free Choice reading for 10 minutes |
| **Writing**  **(journal writing: get a journal or notebook if you can and use this for daily writing)** | Write the date, copy and finish the sentence, draw a picture.  I have a \_\_\_\_\_\_. | Write the date, copy and finish the sentence, draw a picture.  What would you bring to a picnic?  I would bring a \_\_\_\_. | Write the date, copy and finish the sentence, draw a picture.  What do you want to be when you grow up?  I want to be a \_\_\_\_\_\_. | | Write the date, copy and finish the sentence, draw a picture.  Where does a doctor work?  A doctor works in a \_\_\_\_. | Free journal:  Write anything you want and draw a picture. Date it! |
| **Math** | Count to 100! Clap for each 10 (10, 20, 30, 40…)  Addition practice:  Go to starfall.com, click on Kindergarten math (picture of hippo), click on **Addition Intro**  **Eureka Math Lesson 30:**  Watch video: <https://youtu.be/4wv-PkhkoBA>  Complete workbook pages (do on paper if you do not have a printer): go to my website under daily schedule page, click to download files | Count to 100! Stomp your feet for each 10 (10, 20, 30, 40…)  Addition practice:  Go to starfall.com, click on Kindergarten math (picture of hippo), click **Addition Practice**  **Eureka Math Lesson 31:**  Watch video: <https://youtu.be/hNGvpvzP3zQ>  Complete workbook pages (do on paper if you do not have a printer): go to my website under daily schedule page, click to download files | Count to 100! Jump for each 10 (10, 20, 30, 40…)  Addition practice:  Go to starfall.com, click on Kindergarten math (picture of hippo), click **Make 10 Objects**  **Eureka Math Lesson 32:**  Watch video:  <https://youtu.be/n7O-ppI0bOY>  Complete workbook pages (do on paper if you do not have a printer): go to my website under daily schedule page, click to download files | | Count to 100! Touch you toes for each 10 (10, 20, 30, 40…)  Addition practice:  Go to starfall.com, click on Kindergarten math (picture of hippo), click **Make 10 Objects**  **Eureka Math Lesson 33:**  Watch video:  <https://youtu.be/zuJJUNrzRZo>  Complete workbook pages (do on paper if you do not have a printer): go to my website under daily schedule page, click to download files | Count to 100! Spin around for each 10 (10, 20, 30, 40…)  Addition practice:  Go to Clever.com, click on **Xtra Math app**  **Eureka Math Lesson 34:**  Watch video:  <https://youtu.be/plWxlFe93xA>  Complete workbook pages (do on paper if you do not have a printer): go to my website under daily schedule page, click to download files |
| **Online Learning**  **(this is for self-guided learning and should be done as extra or in place of work if parents are unable to do activities with child)** | Log on to Clever:  Do starfall for 20 minutes -reading  Brain break -Youtube: Jack Hartmann “Count to 20 and workout”  Do starfall for 20 minutes -math | Log on to Clever:  Do ABCmouse for 20 minutes -reading  Brain break -GoNoodle.com  Pick a 2 Zumba dances!  Do ABCmouse for 20 minutes -math | Log on to Clever:  Do starfall for 20 minutes -reading  Brain break –  Youtube: Jack Hartmann “see it, say it, sign it”  Do starfall for 20 minutes -math | | Log on to Clever:  Do ABCmouse for 20 minutes -reading  Brain break -GoNoodle.com  Pick 2 Maximo videos and stretch it out!!  Do ABCmouse for 20 minutes -math | Log on to Clever:  Your choice for 20 minutes! -reading  Brain break -GoNoodle or Youtube (Jack Hartmann) of your choice!  Your choice for 20 minutes! -math |
| **Science/Social Studies** | Suggestions:  Cook together  Bake together  Do a science experiment: https://mommypoppins.com/kids/50-easy-science-experiments-for-kids-fun-educational-activities-using-household-stuff  Practice tying your shoes ☺  Help write the grocery list  Do a nature walk, observe what you see outside using your 5 senses (write them down or draw a picture)  Build! (blocks, legos, cups, anything around the house)  Make a fort  Plant something outside or in a pot  Explore these virtual museums online!  Science:  -Monterey Bay Aquarium Live Cams and Student Resources/Lessons  [https://www.montereybayaquarium.org/animals/live-cams](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.montereybayaquarium.org%2Fanimals%2Flive-cams&data=02%7C01%7CAlexandra.Thomloudis%40tusd1.org%7Cbc3517f498c44fb988b108d7d1e5b24d%7Cbc7050e04bcc48099245ea8b65084865%7C0%7C0%7C637208656852589647&sdata=1Q3s5FNibv1nas9mnFmb0mQsNI26zE4mar7YGJWBNxo%3D&reserved=0" \t "_blank" \o "Original URL: https://www.montereybayaquarium.org/animals/live-cams. Click or tap if you trust this link.)  Social Studies/ Science:  -The Smithsonian's many exhibitions and online books/resources  [https://www.smithsonianmag.com/smithsonian-institution/how-virtually-explore-smithsonian-your-living-room-180974436/](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.smithsonianmag.com%2Fsmithsonian-institution%2Fhow-virtually-explore-smithsonian-your-living-room-180974436%2F&data=02%7C01%7CAlexandra.Thomloudis%40tusd1.org%7Cbc3517f498c44fb988b108d7d1e5b24d%7Cbc7050e04bcc48099245ea8b65084865%7C0%7C0%7C637208656852589647&sdata=OodUR6JZGryVPBGOxIl2z0X1NTz9EADbJGDvneD6DRI%3D&reserved=0" \t "_blank" \o "Original URL: https://www.smithsonianmag.com/smithsonian-institution/how-virtually-explore-smithsonian-your-living-room-180974436/. Click or tap if you trust this link.)  Social Studies/Art:  -The Louvre Museum's virtual tours and history lessons  [https://www.louvre.fr/en/visites-en-ligne](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.louvre.fr%2Fen%2Fvisites-en-ligne&data=02%7C01%7CAlexandra.Thomloudis%40tusd1.org%7Cbc3517f498c44fb988b108d7d1e5b24d%7Cbc7050e04bcc48099245ea8b65084865%7C0%7C0%7C637208656852599640&sdata=i%2FAIpcOzE2KHOALj6u1ZUhxGtaJb%2BohbisDnHH%2F7BS0%3D&reserved=0" \t "_blank" \o "Original URL: https://www.louvre.fr/en/visites-en-ligne. Click or tap if you trust this link.)  University of Arizona:  -Arizona State Museum  <https://statemuseum.arizona.edu/visit/online_learning_resources> | | | | | |
| **Physical Education** | Outside  Play outside  Learn to ride a two-wheel bike  Make an obstacle course in your backyard  Run on a “track” outside, time yourself each time! | | | Inside  Gonoodle.com  Make an obstacle course using painters tape (follow the tape)  Do 10 of each movement: jumping jacks, push ups, toe touches, etc. | | |
| **Art** | Suggestions:  Draw a self portrait  Draw a picture of your family, label it  Draw a picture outside  Draw a portrait of a family member  Paint  Rip up pieces of colored paper and then create a picture with them | | | | | |
| **HOMEWORK**  **(optional)** | ELA, Math, Reading Journal Day 6 – Monday  ELA, Math, Reading Journal Day 7 – Tuesday  ELA, Math, Reading Journal Day 8 – Wednesday  ELA, Math, Reading Journal Day 9 – Thursday  ELA, Math, Reading Journal Day 10 - Friday | | | | | |